



lunch & dinner menu

STARTERS

Calamari Fries	8.50
<i>Choice of sauce</i>	
Shrimp Relish	8.50
<i>Warm relish of avocado, corn & bell peppers</i>	
Spinach Artichoke Dip	8.50
<i>Served hot with crisp croutons</i>	
Chicken Strips & Fries	8.00
<i>Breaded chicken strips, fries and Ranch dressing</i>	
Cheese Quesadilla	7.00
<i>Avocado slices, sour cream and homemade salsa</i>	add chicken 9.00
Bean and Cheese Burrito	6.00
<i>Refried beans and cheese wrapped in large flour tortilla and homemade salsa</i>	
Beef Taquitos	6.00
<i>Beef taquitos with cheddar cheese, refried beans, sour cream & homemade salsa</i>	
Buffalo Wings	8.00
<i>Six seasoned chicken wings with fresh celery and Ranch dressing</i>	
Mozzarella Sticks	7.00
<i>Six sticks with choice dressing, marinara or salsa</i>	
Potato Skins	7.50
<i>Skins with cheddar cheese, bacon, green onions, Ranch dressing & homemade salsa</i>	
Curly Fries & Onion Rings	7.00
<i>Basket full of onion rings and curly fries</i>	

SOUPS & SALADS

Homemade Soup	cup 3.95/bowl 5.50
<i>Selection of soups updated daily</i>	
BBQ Chicken Salad	11.25
<i>Fresh Spring mix, grilled chicken, bacon crumbles shredded cheddar and BBQ sauce</i>	
Chicken Caesar Salad	10.75
<i>Fresh Spring mix, homemade croutons, grilled chicken tossed with Caesar dressing and shredded Parmesan cheese</i>	
Chinese Chicken Salad	10.75
<i>Fresh Spring mix, grilled chicken, Chinese noodles tomatoes, cashews and sweet sesame dressing</i>	
The Cobb Salad	11.25
<i>Fresh Spring mix, grilled chicken, avocado, bacon crumbles Bleu cheese crumbles, hardboiled egg and tomato</i>	
The Soule Salad	10.50
<i>Fresh Spring mix, grilled chicken, corn chips and shredded cheddar</i>	

Stuffed Avocado Salad	11.25
<i>Choice of chicken salad or tuna salad, hardboiled egg tomato, avocado, cucumber and artichoke hearts</i>	
Tri-Tip Salad	11.25
<i>Tender chopped tri-tip steak, Bleu cheese crumbles, tomatoes, onions over fresh Spring mix and BBQ sauce on the side</i>	
Taco Salad	11.25
<i>Flour tortilla shell filled with Spring mix, ground beef or chicken, refried beans, tomato, avocado, sour cream shredded Cheddar cheese and homemade salsa</i>	
House or Caesar Side Salad	4.00

SANDWICHES, WRAPS & SUCH

served with choice of house fries, sweet potato fries, coleslaw or fruit

Soule Sister Turkey Wrap	8.00
<i>Sliced turkey, tomato, lettuce, cucumber and honey mustard wrapped in spinach tortilla</i>	
Caesar Chicken Wrap	8.00
<i>Grilled chicken, lettuce, croutons, Parmesan cheese, Caesar dressing tossed and wrapped in a flour tortilla</i>	
Jalapeño Tuna Melt	9.50
<i>Grilled jalapeño tuna salad covered in melted Cheddar on choice of bread</i>	
Grilled Chicken Ciabatta	10.50
<i>Grilled chicken breast, Mozzarella cheese, onions, lettuce, tomato Chipotle mayo on Ciabatta bread</i>	
French Dip	10.50
<i>Sliced roast beef and melted Swiss on a French roll and side of au jus</i>	
California Chicken	11.25
<i>Grilled chicken breast, avocado, bacon, Ortega chili Swiss cheese and mayo on sourdough bread</i>	
BBQ Tri-Tip	10.75
<i>Tender grilled tri-tip steak, Swiss cheese, grilled onions and BBQ sauce on choice of bread</i>	
Tri-Tip Tacos	8.75
<i>Two soft corn tortillas filled with chopped tri-tip steak, fresh lettuce shredded cheese, homemade pico de gallo, sour cream served with rice and beans</i>	
The Proshop	10.75
<i>Turkey, ham, Cheddar cheese on grilled sourdough</i>	
The Club	11.25
<i>Turkey, ham, bacon, lettuce, tomato, and mayo on three slices of choice of bread</i>	
The BLT	8.50
<i>Bacon, lettuce, tomato and your choice of bread</i>	add avocado 9.50

Half Soule Sandwedge & Cup of Homemade Soup 7.00

Choice of egg salad, tuna salad, turkey or ham on choice of bread

BURGERS

8 oz. ground sirloin (veggie or turkey patty available on request) served with choice of house fries, sweet potato fries, coleslaw or fruit

Patty Melt	9.50
<i>Grilled beef patty on rye with Cheddar cheese and grilled onions</i>	
Old Fashion Burger	9.50
<i>Charbroiled beef patty with lettuce, tomato, onion and American cheese</i>	
Veggie Burger	9.50
<i>Charbroiled Boca patty with Swiss cheese, lettuce, tomato and onion</i>	
BBQ Bacon Cheeseburger	11.25
<i>Charbroiled beef patty covered in BBQ sauce, bacon onion rings and Cheddar cheese</i>	
California Burger	11.25
<i>Charbroiled beef patty with bacon, avocado, Ortega chili and Swiss cheese</i>	
Mushroom Burger	10.50
<i>Charbroiled beef patty smothered in mushrooms, grilled onions and Swiss cheese</i>	
Teriyaki Burger	10.50
<i>Charbroiled beef patty covered with teriyaki sauce and a slice of pineapple</i>	

DESSERTS

Brownie Sundae	5.50
<i>Warm brownie topped with vanilla ice cream, hot fudge sauce, whipped cream, nuts and cherry</i>	
Carrot Cake	5.50
New York Style Cheese Cake	5.50
Coffee, Hot Tea, Milk	3.00
Soft Drinks & More	reg. 2.25 large 3.25
<i>Iced Tea, Lemonade, Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Root Beer, Mountain Dew, Sobe Lean</i>	
Juice	3.50

BEVERAGES

ENTREES

served with soup or side salad, choice of potato or seasoned rice and chef's choice vegetables

Ribeye Steak or New York Strip	10 oz. 20.95 14 oz. 23.95
Soule Apricot Chicken	18.95
<i>Chicken breast topped with sweet apricot sauce</i>	
Pan Roasted Salmon	21.95
<i>Topped with caper cream sauce</i>	
Grilled Shrimp	21.95
<i>Butterfied and smothered in cream sauce</i>	
Fettuccine Alfredo	14.50
<i>served with garlic bread</i>	add chicken 18.00 add shrimp or salmon 19.00
Eggplant Parmigiana	14.50
<i>served with garlic butter pasta and garlic bread</i>	

SOULE at the turn

Quick turn? We got you covered.

Soule Sandwedge	6.75
<i>Egg salad, ham, turkey or tuna on choice of bread, bag of chips</i>	
Grilled Cheese	6.25
<i>Choice of cheese and bread, bag of chips</i>	
Add bacon, ham turkey or avocado	8.00
Soule Burger	6.75
<i>Grilled single beef patty with lettuce, tomato and onions, bag of chips</i>	
Add cheese	7.75
Double Soule Burger	8.50
<i>Two grilled beef patties with lettuce, tomato and onions, bag of chips</i>	
Add cheese	9.50
Soule Dog	5.25
<i>bag of chips</i>	
Add sauerkraut or chili	6.25
Fries <i>House or sweet potato</i>	4.00